

### 1. Preparations

- Sauna package must be stored in a heated and dry room.
- Prior to installation ithe package must be opened and stored for 48h to adjust to relative humidity of the room (22°C, 40-60% RH).
- Ensure the sauna model fits in the designated room with sufficient extra room for ease of installation.
- Clean the location of sauna with care in order to not damage any details, elements
- Room must be well ventilated and with water drain on or near the position of the sauna
- Sauna is intended to be installed on a level surface to ensure proper installation and quality of the installed product.
- Adequate electrical supply must be ensured for electrical components of the sauna.
   Refer to user manuals of respective products.
- Electrical connections to the power grid and to the sauna may only be carried out by legally competent and certified specialist.
- Producer cannot be held responsible for any errors resulting from disregard to the levelness of substructure, inadequate storing conditions, inadequate power supply, unauthorized alterations to components or any other circumstances occuring from deviations described in this manual and/or good customs.

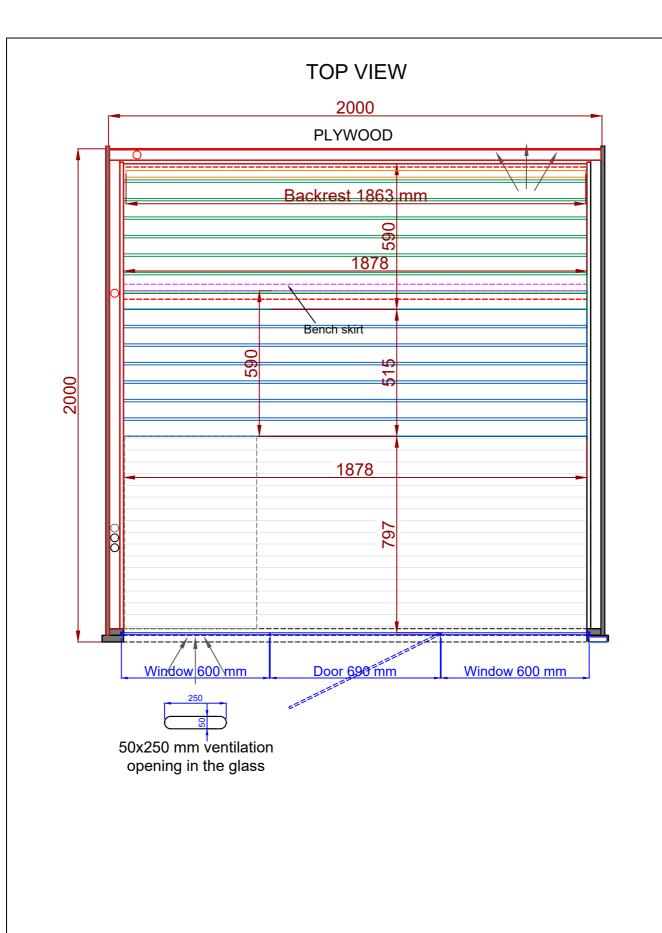
### List of tools

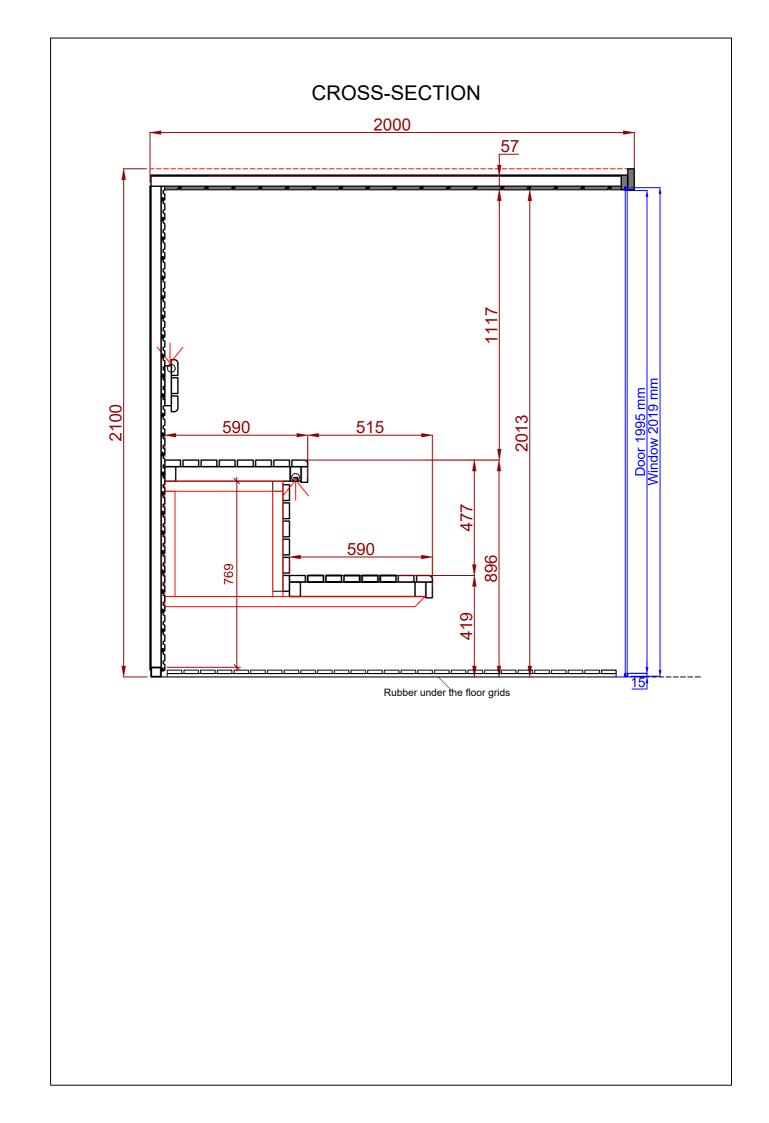
- Water level
- Tape measure
- Power drill
- Rubber or plastic mallet
- Silicone gun
- Screwdriver set

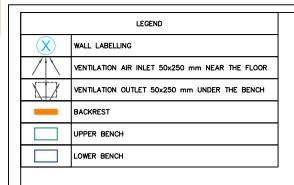
Installation of a sauna requires at least two (2) persons.

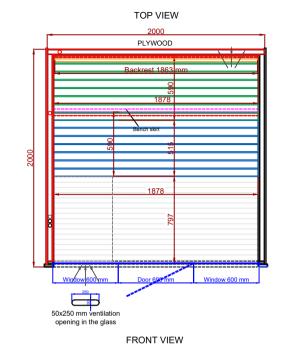
### 3. Installations

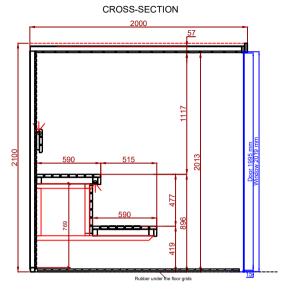
- Follow the instructions precisely.
- Always start from 1 and continuously move forward in an organized manner.
- Keep the installation site always clean and organized.
- This manual does not take into account any possible peculiarities of the installation site.
- Take care not to damage any components during installation due to dropping, dragging or careless handling.
- Special attention towards elements they must be stored with care and kept away from any hard or sharp objects. Glasses are tempered and even smallest damages to the surface or corners can lead to concentration of stress and shattering of the glass.

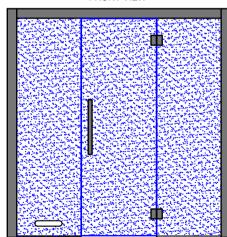












Project name:	200x200 (8x8)	Sauna Cabin	black	Code	Version
Client	SDS Australia			-	2 (11.03.2024)
			Drawing	Top view/Cross-	section 1-1
		Remark		Confirmation	
			Designer	R.K	
				Ready for production	Loading
			Date	_	_

TECHNICAL INFORMATION			
BASE FRAME	40X40 ALUMINIUM BASE FRAME (BLACK)		
INSIDE WALL & CEILING PROFILE	HORIZONTAL STV VALEURA 15x90 THERMO ASPEN, STS4 15x120 ALDER (BLACK) (CEILING)		
OUTSIDE WALL PROFILE/MATERIAL	HORIZONTAL STS4 15x120 ALDER (BLACK) (A,C), PLYWOOD (B)		
INTERIOR MATERIAL	THERMO ASPEN		
INTERIOR (PRIVATE USE)	BENCHES, BENCH SKIRT, BACK GRID, FLOOR GRID (full area)		
SAUNA DOOR/WINDOW	CLEAR 8 mm TEMPERED U-Profile ( <b>BLACK</b> )		
HINGES	2x HINGES (BLACK)		
HANDLE	PREMIUM HANDLE (WOOD / METAL) (BLACK)		
LIGHTING	LED STRIPS BEHIND THE BACKREST (UP), UNDER THE UPPER BENCH + SWITCH		
HEATER	BY CLIENT		
CONTROL UNIT	BY CLIENT		
PALLET LOADING	HORIZONTALLY PACKED		

### **BASE FRAME**

- 1. Check substructure level. Sauna must be installed on a level surface.
- 2. Connect the base frame elements
- 3. Fix the elements with screws
- 4. Check baseframe diagonals for equality and right corners
- 5. Apply silicone under basefame and fix in place

NOTE! If the sauna is to be moved after installation, silicone can be installed afterwards.

Figure a.

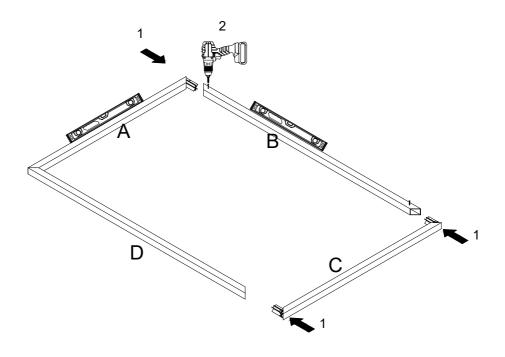
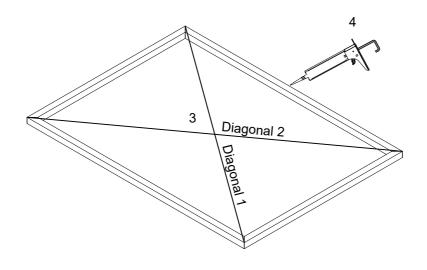
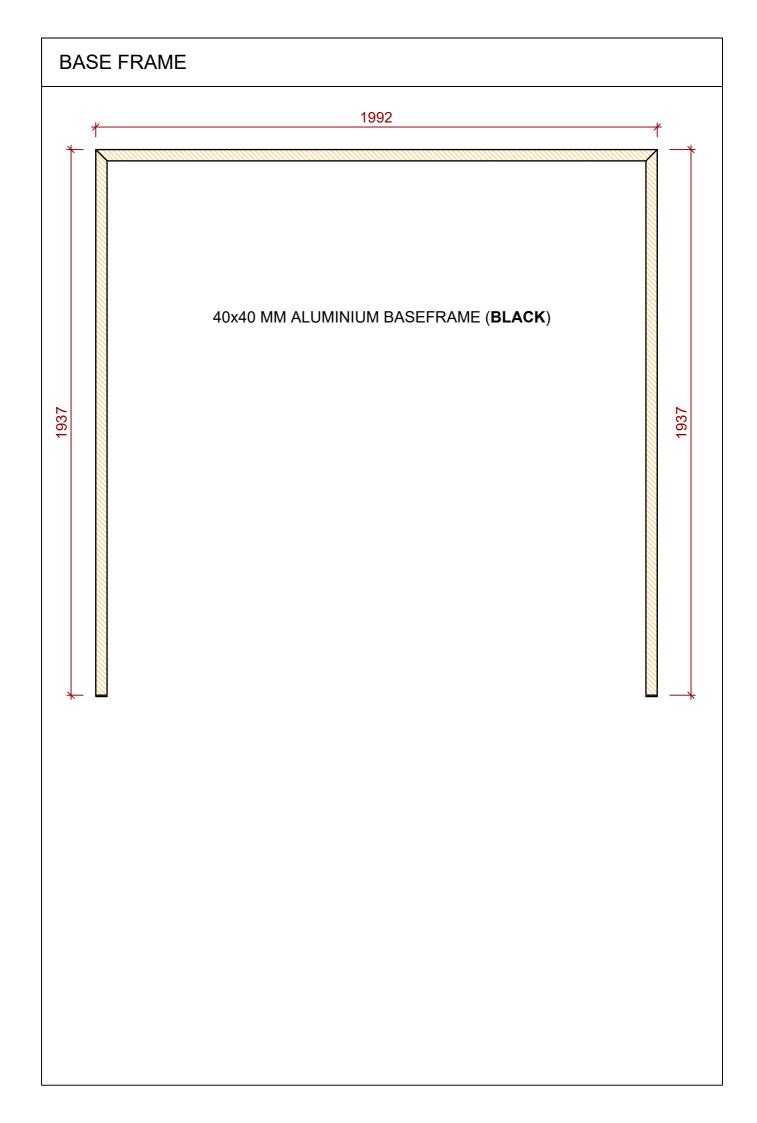


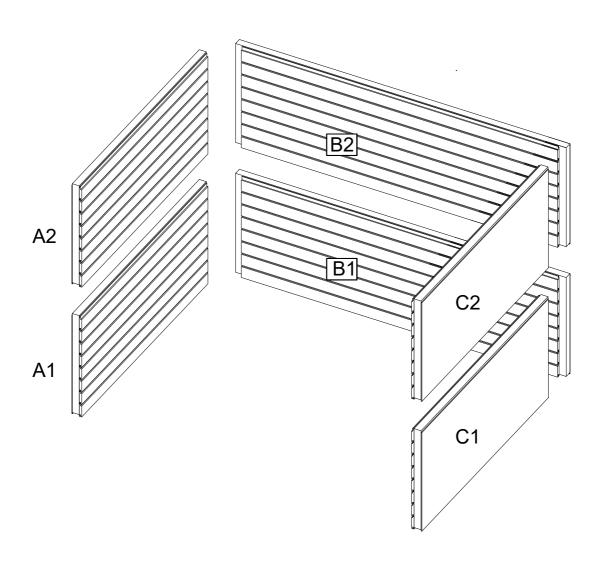
Figure b.





### HORIZONTAL WALL ELEMENTS WITH GLASS WALL

- See your technical drawing on next page Separate walls by letters Control wall symbols on base frame
- 2.

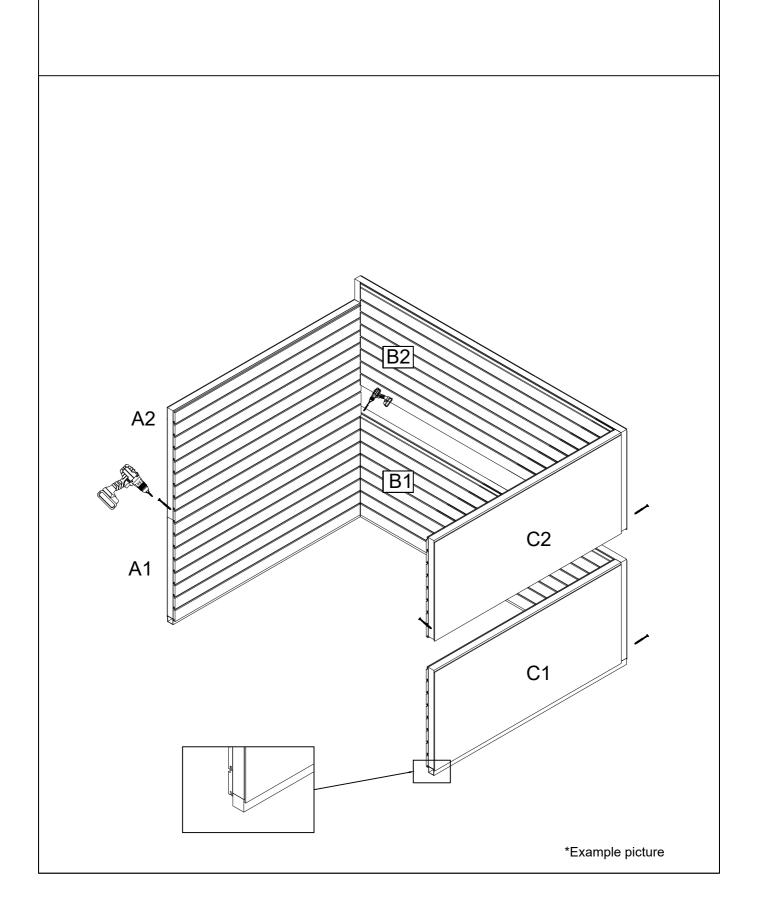


\*Example picture

## HORIZONTAL WALL ELEMENTS WITH GLASS WALL WALL ELEMENT B1&B2 1992 WALL ELEMENT C1&C2 WALL ELEMENT A1&A2 1900 WALL ELEMENTS 1900

### HORIZONTAL WALL WITH GLASS WALL FIXING

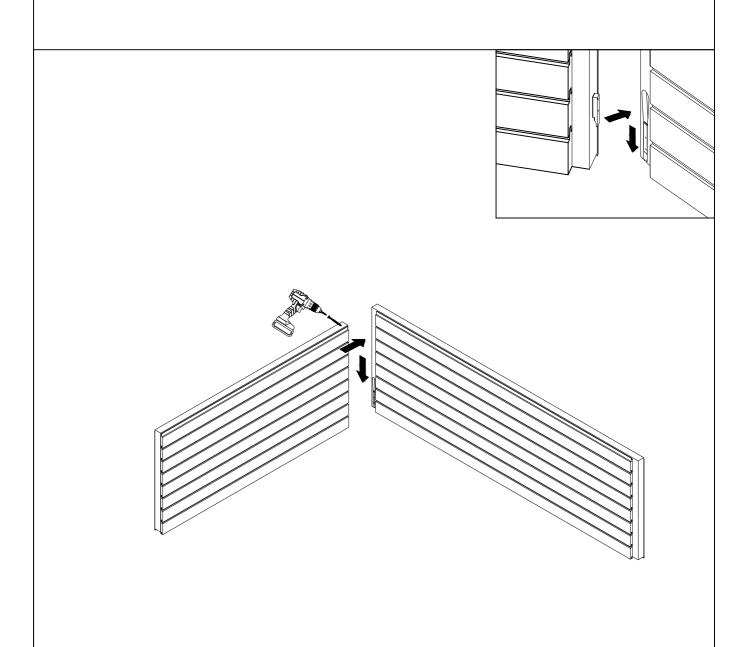
- Start fixing walls from A-B corner Place walls on base frame
- 3. Fix screws from top
- 4. Fix corners outside



### MULTICLIP WALL FIXING

- Start fixing walls from A-B corner Lift wall for multiclip fixing

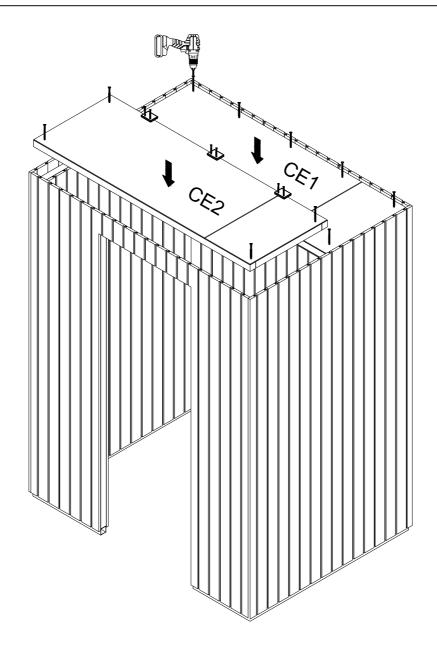
- Lift wall for multiclip fixing
   Make sure it closes
   Check that wall elements are even on top
- 5. Fix screws on top

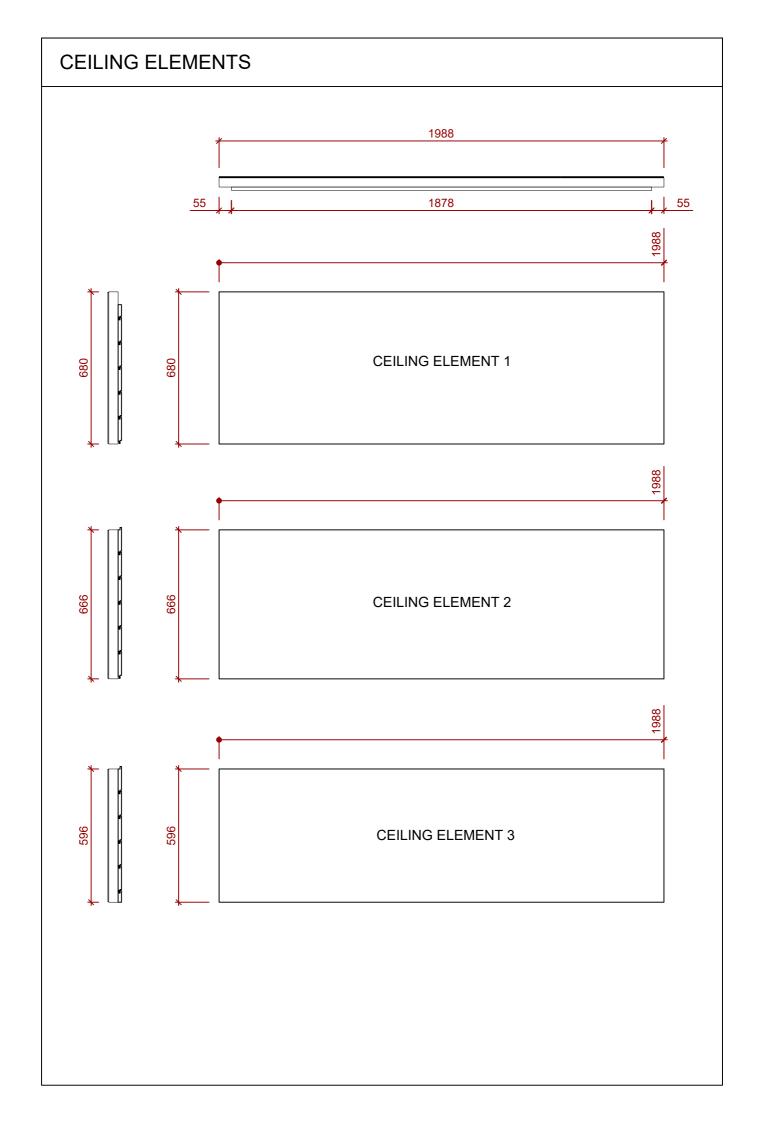


### **CEILING ELEMENTS FIXING**

- See your technical drawing on next page
   Start fixing from ceiling element 1
   Pay attention to inside paneling

- 4. Fix screws from top
- 5. Use plywood blocks against paneling bend

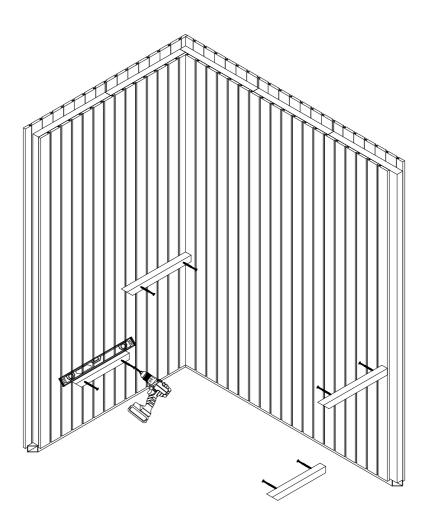


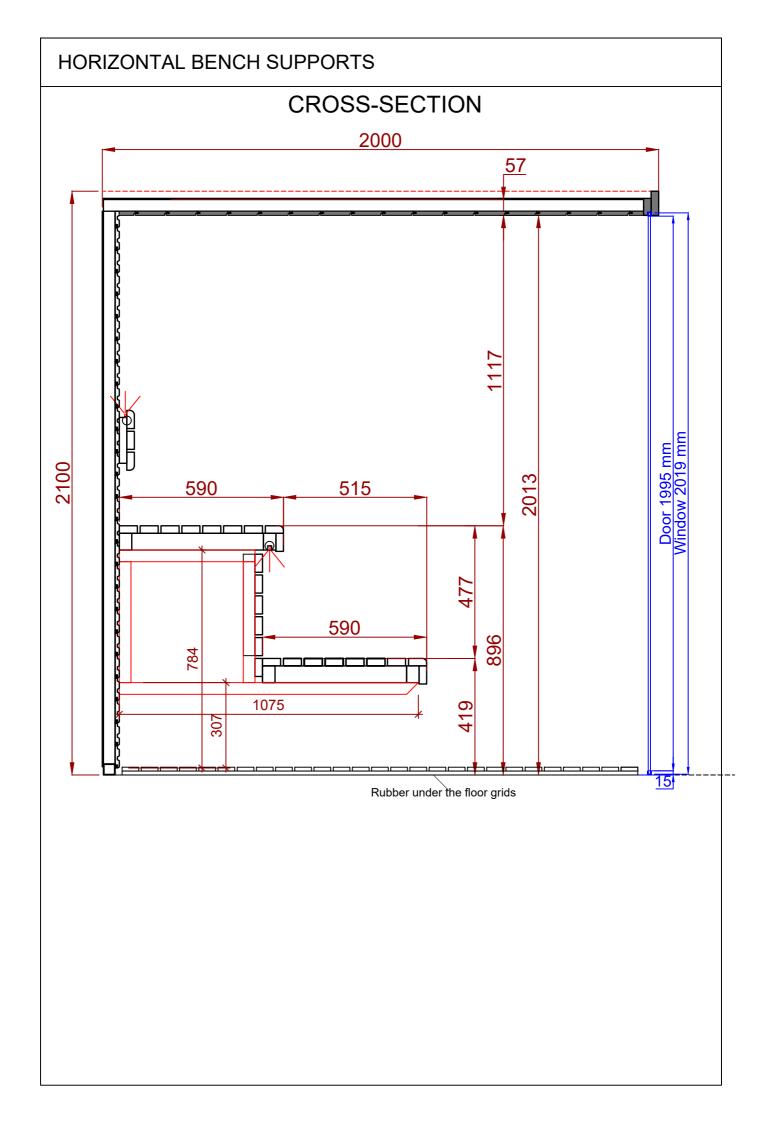


### HORIZONTAL BENCH SUPPORTS

- See your technical drawing on next page
   Measure right placement of supports
   Check level

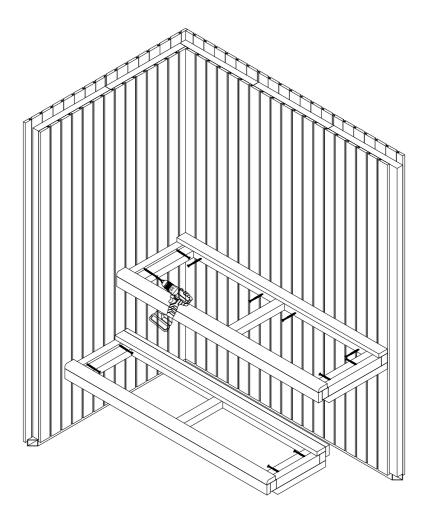
- 4. Fix screws





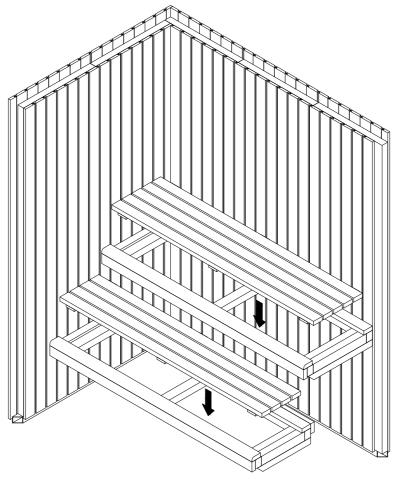
### FIXING BENCH FRAMES

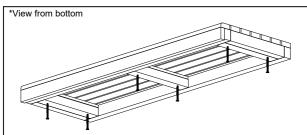
- Place bench frames on supports
   Control measures from cross-section drawing
- 3. Level benches
- 4. Fix side screws to tighten walls
- 5. Fix back screws



### FIXING BENCH GRIDS

- Place bench grids on bench frames
  Fix bench grids from below with screws
  \*Fixing bench grids helps to prevent bench grid from bending





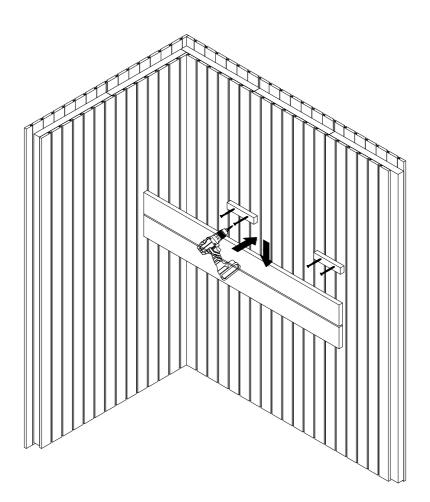
### FIXING BENCH SKIRT

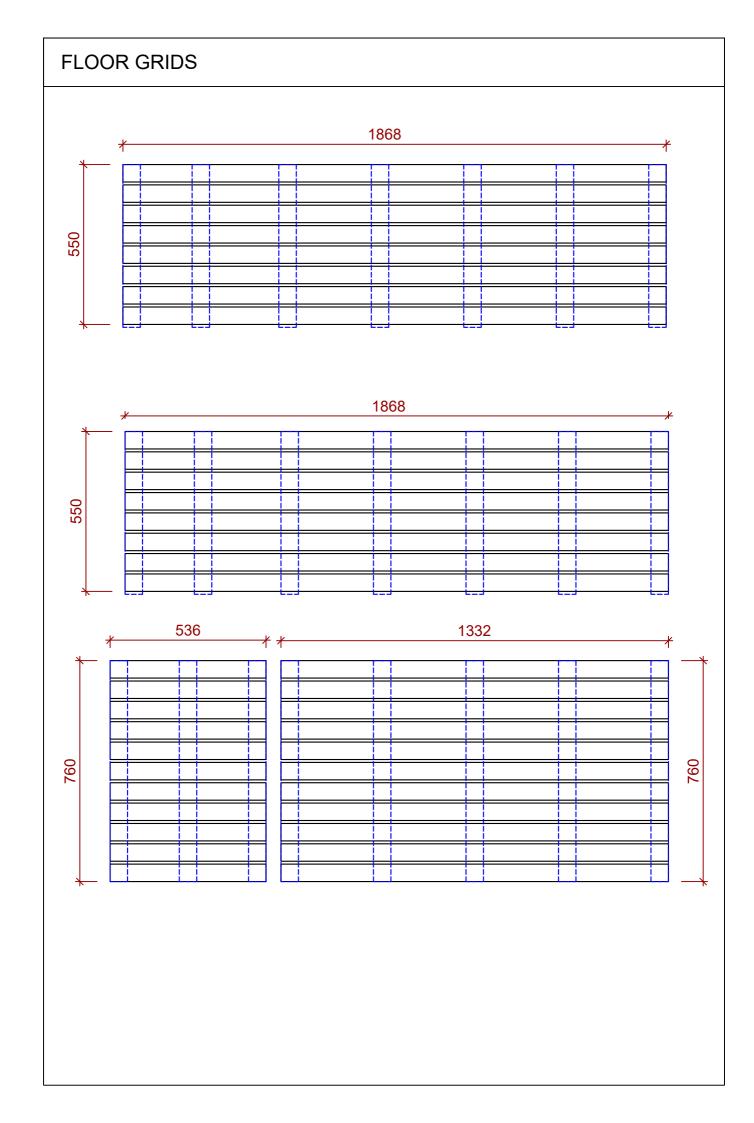
- Control measures from cross-section drawing Fix bench skirt with screws



### FIXING BACKREST WITH HOLDERS

- 1. Fix holders on the wall
- 2. Place backrest on top of holders
- 3. Fix backrest to holders from top
- 4. Use wooden covers

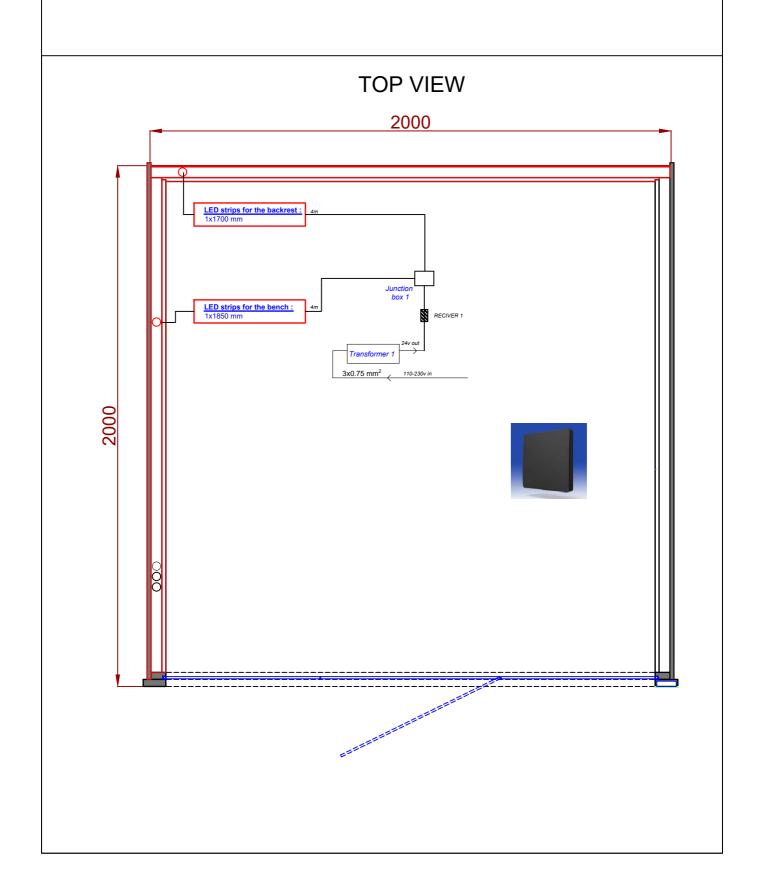


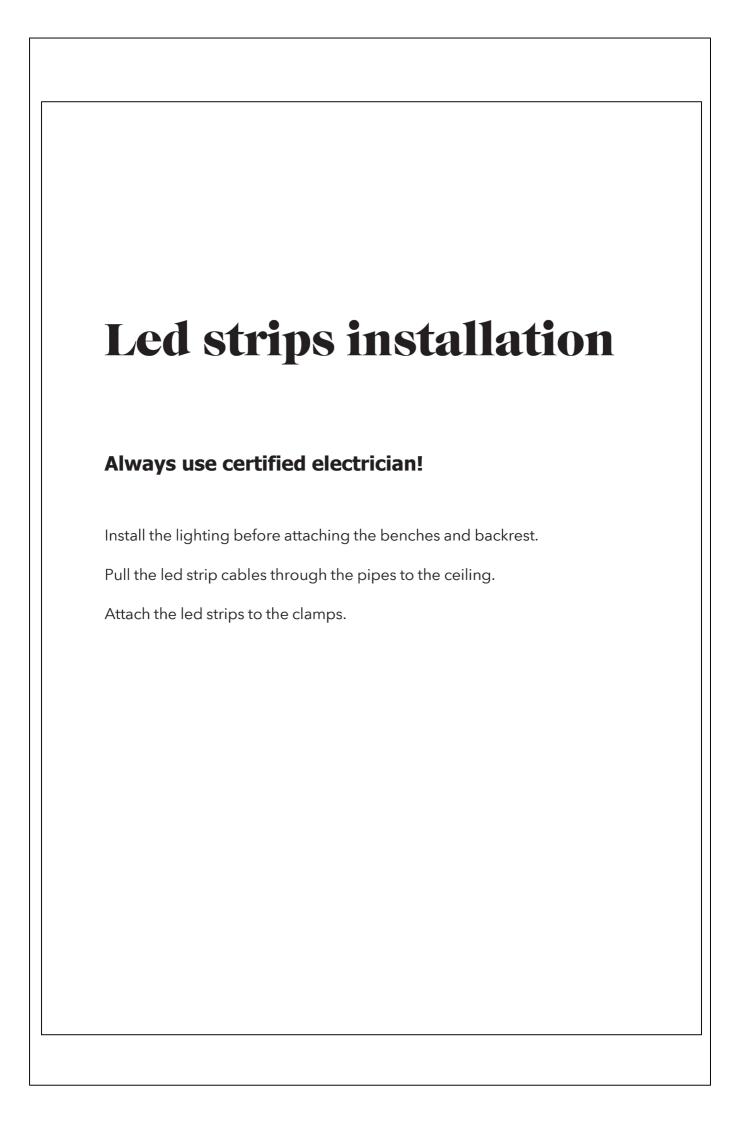


### **ELECTRICAL**

1. Run cables through pre drilled holes in the walls to the ceiling

NOTE! ALL ELECTRICAL CONNECTIONS **MUST** BE MADE BY CERTIFIED ELECTRICIAN!





### **List of tools:**

Pull cable



Insulating tape

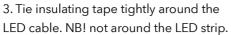


1. Insert the pull cable to the pipe.



2. Catch the end of the cable through the Led hole.







4. Gently pull the cable up.



5. Do not remove the tapes. That way it won't get in the way during installation.



6. When installing on the back rest, do not grab LED strip.







6. Attach the led strips to the clamps.



7. Do not press the beginning of the LED strip into the clamp.

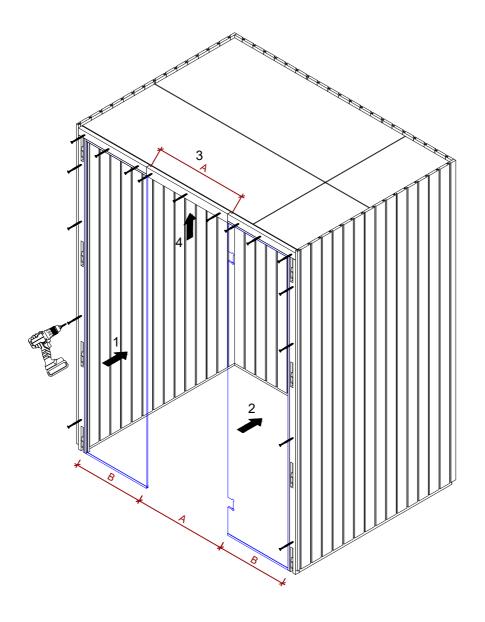


8. Pull the led strip straight between the clamps. This can only be done from the LED strip, not from the cable or the cable plugs. Correctly installed LED strip.



### FIXING GLASS WALL

- See your technical drawing on next page 1.
- 2. Fix window frames
- 3. Check the distance (A) between installed walls. They must be equal (A=A) for the door to be installed4. Fix door frame detail
- 5. Install door glass

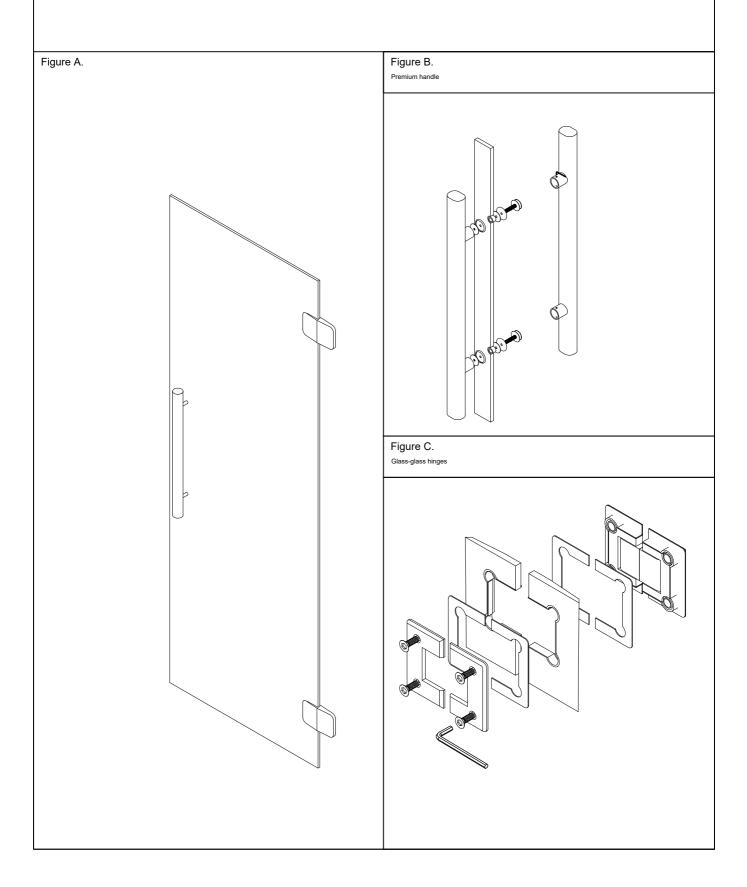


### FIXING GLASS WALL **GLASS WALL** Window 600 mm Door 690 mm Window 600 mm 1992 61 600 690. 600 2074 2019 Window glass 2004 mm

### **DOOR GLASS**

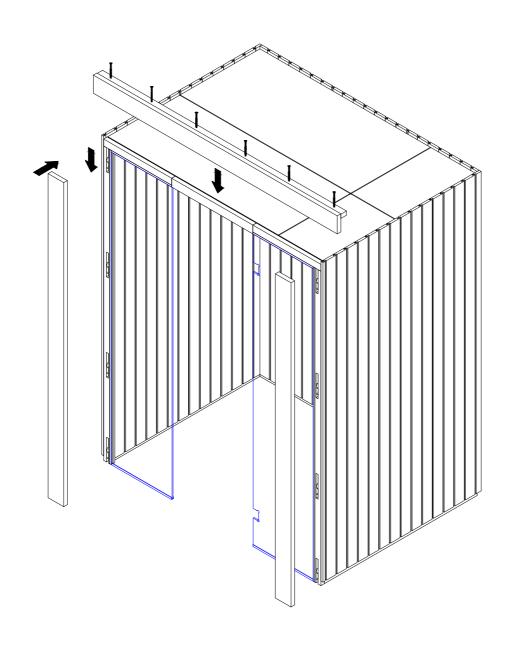
- 1. Fit the hinges on door according to Figure C.
- 2. Fit the door to glass wall according to Figure C.
- 3. Fit the handle to the door according to Figure B.

NOTE! Door must not be supported directly to a hard (tiled, concrete or other) floor due to risk of shattering. Always when not installed rest the door on a protected floor. Do not remove protection material from door until it is finally and properly fitted.



### FIXING FRONT FRAME

- See your technical drawing on next page
   Fix vertical frames with multiclips
   Fix horizontal frame with screws from top



\*Example picture

# FIXING FRONT FRAME FRONT FRAME 2100

### Instructions for use and maintenance of pre-built and pre-assembled indoor and outdoor saunas

### 1. General installation requirements

- 1.1. Your sauna should be installed by a professional installer.
- 1.2. The installer of the sauna must have familiarised themselves thoroughly with the manufacturer's warranty terms and the installation instructions of the purchased sauna.
- 1.3. The electrical components of the sauna may be installed and connected only by a person with the respective certified competence.
- 1.4. The wooden parts of the sauna must not be in permanent contact with water or the structures of the room.
- 1.5. The exterior surfaces of the sauna must not be directly exposed to excessive humidity.
- 1.6. The installation site must have proper grid connection readiness for supplying power to the electrical components of the sauna. Requirements applicable at the installation location (country).

### 2. On-site requirements - indoor sauna

- 2.1. Make sure adequate ventilation is ensured in the room to be used for installing the sauna to ventilate the humidity and warm air created by the sauna.
- 2.2.Fresh air supply for the sauna room and heater must also be ensured. Be sure to leave an air gap between the sauna structures and the boundary structures of the room. This is necessary to avoid formation of excessive condensation between the structures of both the building and the sauna that could damage them and shorten their lifetime. The manufacturer recommends ensuring a minimum distance of 50 mm.
- 2.3. The installation surface must be level and stable.

### 3. On-site requirements - outdoor sauna

- 3.1. The outdoor sauna is designed to be installed on a pre-prepared level and stable surface capable of bearing the load.
- 3.2. Safety distances you must leave at least a two-metre clearance around the sauna, unless specified otherwise or provided otherwise by the local requirements for similar buildings.
- 3.3.If your sauna is delivered pre-assembled, the installation site must be accessible for heavy machinery.

### 4. Sauna heater and heating stones

- 4.1.Install the sauna heater according to the heater manufacturer's installation instructions.
- 4.2.Install the heating stones according to the heater manufacturer's instructions. Installation requirements for the heating stones may vary depending on the sauna heater selected. As a general rule, the heating elements of the heater must be covered with stones. Pouring water directly on the heating elements will shorten the life of the heater and pose a health risk (hot water splashes).
- 4.3.It is recommended to wash the heating stones with water before installation. This cleans the stones of any possible processing and production residues.
- 4.4. Using the heater without the stones is not allowed.

### Instructions for use and maintenance of pre-built and pre-assembled indoor and outdoor saunas

- 5. Finishing/treating the wooden parts of the sauna with a protective agent
  - 5.1.Before using the sauna, all wooden surfaces must be treated with a suitable protective agent. The manufacturer recommends using sauna wax or sauna oil (paraffin oil).
  - 5.2. Depending on the installation method used for your sauna and the free space left in and around the sauna, the wooden surfaces can be treated before or after installing the parts but certainly before using the sauna.
  - 5.3. Treating the wood will extend the lifetime of the wood and your sauna, preserving its properties and appearance. Treated surfaces repel water and dirt and are easier to clean.

### 6. Taking the sauna into use

- 6.1. Make sure all parts of your sauna are intact and functional after installation and before the first heating.
- 6.2. First heating: slowly heat your sauna to a temperature of 100 °C (212 °F) under supervision, keep this temperature for two hours and let the sauna cool down slowly. The sauna must be well ventilated during the first heating it is recommended to leave the door half-open. This is necessary to allow the wood protecting agent to be absorbed into the wood and any residues from production and processing to evaporate from the surfaces.
- 6.3. Staying in the sauna during the first heating is not allowed substances evaporating from surfaces may cause an unpleasant smell.

### 7. Using your sauna

- 7.1. Use the sauna only for the purpose for which it was manufactured.
- 7.2. Pour water only on the heating stones.
- 7.3. Use the sauna in moderation it stimulates circulation, relaxes muscles and cleanses.
- 7.4. Rinse yourself with water between sauna sessions.
- 7.5.It is recommended to drink mineral water after the sauna to replenish fluids.

### 8. General sauna maintenance

- 8.1. After each use:
- Wipe the bench with a damp cloth after.
- Always remove pools of water from wooden surfaces.
- If the design of the bench allows it, raise the platforms to an upright position to dry.
- Let the heater run under supervision for approximately 20 minutes wooden parts dry more efficiently this way.

### Instructions for use and maintenance of pre-built and pre-assembled indoor and outdoor saunas

### 8.2. Once a year or as needed:

- Wash the horizontal (and, if necessary, vertical) surfaces of your sauna with a special sauna detergent. Use a soft brush or damp cloth and observe the instructions of the detergent.
- Stronger stains can be removed with fine-grained sandpaper. All treated surfaces must be treated with a protective agent.
- Repeat treatment of the wooden parts with a protective agent.
- Check the structures of the sauna (bench fastenings, wall connections) and, if necessary, tighten the fastenings.
- Have a competent person check the condition of the electrical connections and components.
- Check the functioning of the door and adjust it, if necessary and possible.
- Check the condition of the heating stones: when used intensively and especially as they age, they could emit stone dust that will accumulate on the wooden surface above and behind the heater. Replace the stones, if necessary.
- Do not use substances or working procedures not suited for washing the sauna.
- Washing wooden parts with running water is not allowed.

### 9. Maintenance of an outdoor sauna

- 9.1. Trees and bushes growing near the sauna and a shady location may cause mossing on the surfaces. Clean the surfaces with a soft brush and damp cloth, as necessary.
- 9.2.In areas with thick snow-cover, remove snow from the roof of the sauna. Do not allow more than 50 cm of snow on the roof.

### 10. Wooden materials in the sauna

- 10.1. Wood is a natural material and subject to natural phenomena (differences in grain pattern, variations in tone, expansion and contraction due to heat and moisture).
- 10.2. Wood may develop cracks or deformations over time. This is natural and does not affect the use of the sauna. If in doubt, contact the vendor.
- 10.3. Thermally modified wood emits some scent during the first three heating periods.

### 11. Repair works

- 11.1. Damage to wood scratches and dents up to 1 mm deep:
- Clean and dry the surface thoroughly.
- Sand down with 500 grit sandpaper or until dispersed.
- Clean off dust and treat with a protective agent. The protective agent will even out the colour difference caused by sanding.

### 12. The following are not allowed in the sauna:

- 12.1. Drying clothes or other textiles. Evaporating humidity may damage the wood; and textiles placed near the sauna heater may pose a fire hazard.
- 12.2. Heating to a temperature higher than 115 °C (239 °F) -fire hazard.
- 12.3. Placing combustible materials on the sauna heater.
- 12.4.